

## Welcome to Rebound Mental Health...

I am glad that you are here and look forward to meeting you.

This Welcome Packet contains the forms you will need to complete, sign, and bring to your first appointment. It is **very important** that you complete the Welcome Packet **prior** to your appointment.

The first 1-4 sessions will focus on:

- Paperwork!
- Review the policies and guidelines we follow at Rebound Mental Health.
- Answer any questions or concerns you may have about paperwork and/or the therapeutic process.
- Learn about your child and how I can best serve him/her.
- Help you know what to expect from me as your therapist.

I understand the paperwork portion can seem long and tedious, but it helps us get to know one another and how we can work together.

When we meet, I will ask you questions about things which may make you uncomfortable. You are always welcome to decline answering a question.

What's important is that we have open communication and make sure that we'll be a good fit. If you think that's not the case after our first couple of meetings, just let me know. No hard feelings. And if I feel that I may not be the best person to meet your needs, I will let you know who I think could be a better fit.

I understand that you probably won't remember everything we go over, so please make a copy of this Welcome Packet. If you ever have any questions, ask me. If I make any updates or changes, I'll let you know right away.

Finally, "Like" our Facebook page so you can receive notifications about mental health information and resources.

[https://www.facebook.com/pg/reboundmhtulsa/posts/?ref=page\\_internal](https://www.facebook.com/pg/reboundmhtulsa/posts/?ref=page_internal)

Sincerely,

Carrie Short LCSW, BCD  
Marti Robey-Fox LPC  
Regina Underwood LPC, RPT  
Jenny Kauffman LCSW  
Katie Pyle LMSW

**REBOUND MENTAL HEALTH**

6202 South Lewis Avenue, Suite A, Tulsa, OK 74136

Office: 918.949.4515 Fax: 918.949.4523

[www.reboundmh.org](http://www.reboundmh.org)

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**Patient Registration Form**

PATIENT INFORMATION					
Patient's Last Name	First	MI	<input type="checkbox"/> single <input type="checkbox"/> divorced	<input type="checkbox"/> married <input type="checkbox"/> widowed	Sex
Mailing Address		City		State	Zip
Phone #1 ( )	<input type="checkbox"/> work <input type="checkbox"/> mobile	<input type="checkbox"/> home <input type="checkbox"/> other	Phone #2 ( )	<input type="checkbox"/> work <input type="checkbox"/> mobile	<input type="checkbox"/> home <input type="checkbox"/> other
DOB (mm/dd/yy)	Social Security #	E-mail Address	Sign here for email appointment reminders		
			X		
Employer		Employer's Address		Employer Phone ( )	
Patient's Primary Care Physician ( )				Physician Phone ( )	

PARENT/GUARANTOR INFORMATION				
Parent/Guarantor	DOB (mm/dd/yy)	Home Phone # ( )	Mobile Phone # ( )	
Address		City	State	Zip

INSURANCE / EAP INFORMATION				
Last Name of Insured (Policy Holder)	First Name of Insured	Social Security #	DOB (mm/dd/yy)	
Insured's Address		City	State	Zip
Insured's Place of Employment	Phone Number ( )	Insured's Email Address		
Name of Insurance or EAP	Customer Serv. #	Member ID #	Group #	Copay/Co-Ins.

FOR CHILDREN UNDER THE AGE OF 18		
If legal custody is shared, has permission by other parent been granted for treatment?		<input type="checkbox"/> Yes <input type="checkbox"/> No
To whom may we release information?		

REFERRAL INFORMATION	
Who referred you for services?	

EMERGENCY CONTACT (other than patient or guarantor)			
Contact Name	Relationship to Patient	Home Phone # ( )	Mobile Phone # ( )

The above information is accurate and correct to the best of my knowledge. By signing, I consent to treatment for the above-named patient.			
Patient/Guardian Signature:		Date:	



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## Credit Card Information

I agree to keep my correct and updated credit card information on file to be used for missed appointments, records, letters, and/or outstanding balances. This information is for internal use only and will not be distributed to third parties.

(Circle one)          MasterCard          or          Visa

Credit Card Number \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Expiration date \_\_\_\_ / \_\_\_\_          CVC Code \_\_\_\_\_          Zip code \_\_\_\_\_

Name as it Appears on Card \_\_\_\_\_

Signature \_\_\_\_\_



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## Child/Adolescent Background Information

ICD Code: clinician use only

Welcome to Rebound Mental Health. Please answer all information as completely as possible. If applicable both mother and father should complete together. Information given is strictly confidential and beneficial in providing the best possible service. Feel free to ask for assistance, if needed. Your child's counselor will discuss your responses with you after he/she has reviewed the form.

Child's Name: \_\_\_\_\_ Date \_\_\_\_\_

Completed by: \_\_\_\_\_ Relationship to Child: \_\_\_\_\_

Home Phone: \_\_\_\_\_ (May call:  Yes  No May Leave Message:  Yes  No)

Work Phone: \_\_\_\_\_ (May call:  Yes  No May Leave Message:  Yes  No)

Best Time and Place to call: \_\_\_\_\_

Child's Address, City, State, Zip: \_\_\_\_\_

Child's Gender:  Male  Female Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ SS# \_\_\_\_\_

Child's Ethnicity:  African American  Asian  Bi-racial  Caucasian  Hispanic/Latin  
 Native American  Other \_\_\_\_\_

Child's primary language:  English  Spanish  Other \_\_\_\_\_

Language spoken at home (*parent's language*) \_\_\_\_\_

Child's Legal Guardian \_\_\_\_\_

*If the child is not living with both natural parents, both adoptive parents, or only living parent, RMH requires a photocopy of the legal document stating custody arrangements, consisting of the cover page, page specifying guardian(s), and signature page. The photocopy should be stapled to this form.*

In case of emergency, contact (name, relationship, phone#): \_\_\_\_\_

Is your child presently receiving counseling elsewhere?  Yes  No  
*(If yes, do not complete this form until you have talked with your counselor)*

Presenting problem(s) or reasons for seeking services for child: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

School Child Attends: \_\_\_\_\_

Grade Level (now): \_\_\_\_\_ Has your child ever been retained?  Yes  No If yes, what grade(s) \_\_\_\_\_

Current Teacher(s): \_\_\_\_\_ Current School Counselor: \_\_\_\_\_

Is your child receiving special education or other services?  Yes  No  
(explain) \_\_\_\_\_

Are you seeking services because your child is a victim of a crime?  Yes  No  
Did it result in legal action?  Yes  No If yes, explain: \_\_\_\_\_

Does your child receive either of these cash benefits:  SSI  SSDI  N/A

How many family members currently reside in your home? \_\_\_\_\_

### **INFORMATION ON CHILD'S MOTHER**

Mother's Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Age: \_\_\_\_\_

Occupation: \_\_\_\_\_ Employer \_\_\_\_\_ How Long: \_\_\_\_\_

I am:  biological mother  stepmother  adopted mother  other \_\_\_\_\_

Address/Street/City/State/Zip: \_\_\_\_\_

Home/Cell Phone: \_\_\_\_\_ (May call:  Yes  No Leave Message:  Yes  No)

Work Phone: \_\_\_\_\_ (May call:  Yes  No Leave Message:  Yes  No)

#### **Check the last year of education completed:**

- 8<sup>th</sup> grade or below  High School  GED  Trade School  Some College  
 College Graduate  Master's Degree  Ph.D. Degree

History of learning, emotional, or behavioral problems:  Yes  No

If yes, please explain: \_\_\_\_\_

History of alcohol/drug/substance abuse:  Yes  No

If yes, please explain: \_\_\_\_\_

History of family violence:  Yes  No

If yes, please explain: \_\_\_\_\_

History of criminal activity:  Yes  No

If yes, please explain: \_\_\_\_\_

Check current living arrangements:  Family of origin  Married  Married w/children  Relatives  
 Roommate(s)  Significant Other  Single  Single parent w/children  Other \_\_\_\_\_

Marital Status (indicate all that apply and duration of each, ex. 1980-1990):  Never married

\_\_\_\_\_ Married 1 \_\_\_\_\_ Separated 1 \_\_\_\_\_ Divorced 1 \_\_\_\_\_ Widowed 1

\_\_\_\_\_ Married 2 \_\_\_\_\_ Separated 2 \_\_\_\_\_ Divorced 2 \_\_\_\_\_ Widowed 2

\_\_\_\_\_ Married 3 \_\_\_\_\_ Separated 3 \_\_\_\_\_ Divorced 3 \_\_\_\_\_ Widowed 3

### **INFORMATION ON CHILD'S FATHER**

Father's Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Age: \_\_\_\_\_

Occupation: \_\_\_\_\_ Employer \_\_\_\_\_ How Long: \_\_\_\_\_

I am:  biological father  stepfather  adopted father  other \_\_\_\_\_

Address/Street/City/State/Zip: \_\_\_\_\_

Home/Cell Phone: \_\_\_\_\_ (May call:  Yes  No Leave Message:  Yes  No)

Work Phone: \_\_\_\_\_ (May call:  Yes  No Leave Message:  Yes  No)

**Check the last year of education completed:**

- 8<sup>th</sup> grade or below       High School       GED       Trade School       Some College
- College Graduate       Master's Degree       Ph.D. Degree

**History of learning, emotional, or behavioral problems:**     Yes     No

If yes, please explain: \_\_\_\_\_

**History of alcohol/drug/substance abuse:**     Yes     No

If yes, please explain: \_\_\_\_\_

**History of family violence:**     Yes     No

If yes, please explain: \_\_\_\_\_

**History of criminal activity:**     Yes     No

If yes, please explain: \_\_\_\_\_

- Check current living arrangements:**     Family of origin     Married     Married w/children     Relatives
- Roommate(s)     Significant Other     Single     Single parent w/children     Other \_\_\_\_\_

- Marital Status (indicate all that apply and duration of each, ex. 1980-1990):     **Never married**
- \_\_\_\_\_ Married 1                      \_\_\_\_\_ Separated 1                      \_\_\_\_\_ Divorced 1                      \_\_\_\_\_ Widowed 1
- \_\_\_\_\_ Married 2                      \_\_\_\_\_ Separated 2                      \_\_\_\_\_ Divorced 2                      \_\_\_\_\_ Widowed 2
- \_\_\_\_\_ Married 3                      \_\_\_\_\_ Separated 3                      \_\_\_\_\_ Divorced 3                      \_\_\_\_\_ Widowed 3

**CHILD'S GENERAL INFORMATION**

**Child's current household:**

- Natural Parents                       Adoptive parents                       Father only                       Mother only
- Foster family                       Relatives                       Natural Father and Stepmother
- Natural Mother and Stepfather                       Blended family (both spouses w/children)
- Other \_\_\_\_\_

**List by Household your child's current family, beginning with the oldest member and include the child:**

PRIMARY Household (anyone who currently lives with child) How long in this current living situation: \_\_\_\_\_

NAME	AGE	GENDER	RELATIONSHIP TO YOU (include step, half, etc.)

**Child lives in:**     House     Apartment     Duplex     Other \_\_\_\_\_

**SECOND Household (non-custodial or extended family – if applicable)**

NAME	AGE	GENDER	RELATIONSHIP TO YOU (include step, half, etc.)

**Currently involved in a custody dispute:**     Yes     No                      If yes, explain: \_\_\_\_\_

**If divorced, circle the number which best describes your relationship with your ex-spouse.**

- Hostile    Frustrating    Friendly
- 1    2    3    4    5

**How often does client see non-custodial parent?** \_\_\_\_\_

**CHILD'S HEALTH INFORMATION**

Child's Primary Care Physician (Name/Address/Phone): \_\_\_\_\_

Has your child ever seen a psychiatrist or other mental health counselor/therapist?  Yes  No

Is child currently seeing a psychiatrist or other mental health counselor/therapist?  Yes  No  
If yes, list name, address and phone): \_\_\_\_\_

Date of last complete physical \_\_\_\_\_

Physical disability:  Yes  No    Chronic illness:  Yes  No    Terminal Illness:  Yes  No  
If yes to any please explain: \_\_\_\_\_

**Check the following diagnoses and medication that your child is now receiving or has received:**

<u>DIAGNOSIS</u>	<u>CURRENT</u>	<u>PAST</u>	<u>DATE OF DIAGNOSIS</u>	<u>NAME OF MEDICATION</u>	<u>DOSAGE</u>
Depression	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____
ADHD	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____
Conduct Disorder	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____
Learning Disability	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____
Anxiety	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____
Panic Attack	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____
Manic-Depression	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____
Schizophrenia	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____
Oppositional Defiant	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____
Mood/Anger	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____
Tics	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____
Insomnia	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____
OCD	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____
Addictions	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____
Convulsions	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____
PTSD	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____
Other	<input type="checkbox"/>	<input type="checkbox"/>	_____	_____	_____

If you child has been diagnosed, who gave the diagnosis?  Counselor/Psychologist  School  
 Family Physician  Psychiatrist  Other \_\_\_\_\_

Name of Diagnosing Professional: \_\_\_\_\_ Phone#: \_\_\_\_\_

**What medication is your child currently taking?**

<u>Medication</u>	<u>Dosage</u>	<u>Taken for what reason?</u>
_____	_____	_____
_____	_____	_____
_____	_____	_____

**CURRENT CONCERNS \* RELATED TO CHILD**

Indicate severity of up to 10 items that currently apply to your child. (1 – mild; 2 – moderate; 3 – severe)

**\*Circle the item that you see as the most significant issue**

- Abuse (physical, emotional, sexual)
- Adjustment to life changes (changing schools, divorce, moving, getting married or divorced, aging, etc.)
- Bed wetting daytime wetting, soiling or related problems
- Career Decisions
- Disturbing memories (past abuse, neglect or other traumatic experience)
- Drug or alcohol use (both legal and illegal drugs)
- Eating problem (purging, bingeing, overeating, hoarding, severely restricting diet)

- Family or stepfamily relationship problems
- Feeling angry or irritable
- Feeling anxious (nervous, clingy, fearful, worried, panicky, obsessive-compulsive, lacking trust etc.)
- Feeling guilty or shameful
- Feeling sadness or depression not related to grief
- Feeling sadness or depression related to grief
- Gang related concerns (explain)\_\_\_\_\_
- Health concerns (physical complaints and/or medical problems)
- Illegal behaviors (runaway, stealing, fire setting, truancy, etc.)
- Learning/Academic difficulties
- Non-family relationship problems (teachers, peers, etc.)
- Parent-child relationship problems (discipline, adoption, single parent, etc.)
- Personal Growth (no specific problem)
- Religious or Spiritual concerns
- Sexual concerns (excessive masturbation, inappropriate acting out)
- Sexual identity concern
- Sleep problem (nightmares, sleeping too much or too little, etc.)
- Speech problem (not talking, stuttering, etc.)
- Suicidal Ideation (thoughts of death, wanting to die)
- Unusual behavior (bizarre actions, speech, compulsive behavior, tics, motor behavior problems, etc.)
- Unusual experiences (loss of periods of time, sensing unreal things, etc.)
- Other (explain)\_\_\_\_\_

**\*REMEMBER TO CIRCLE THE MOST SIGNIFICANT ISSUE**

**When did you first become concerned about this issue?** \_\_\_\_\_

**How have you attempted before now to deal with this issue?** \_\_\_\_\_

**Other treatment(s) your child has received to address any of the concerns indicated above:** *(check all that apply)*

- |  |  |   |  |
|--|--|---|--|
| <input type="checkbox"/> None              | <input type="checkbox"/> School Counseling | <input type="checkbox"/> Group Counseling | <input type="checkbox"/> Individual Counseling |
| <input type="checkbox"/> Family Counseling | <input type="checkbox"/> Hospitalization   | <input type="checkbox"/> Other _____      |  |

**What do you enjoy most about this child?** \_\_\_\_\_

**What do you find most difficult about this child?** \_\_\_\_\_

**Anything else you feel may be helpful for me as I get to know your child** \_\_\_\_\_

### **CHILD'S FAMILY HISTORY/EXPERIENCES**

*For each of the following items that apply, beside the item please write child's **approximate age** at the time it occurred:*

- Raised by:**
- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Natural parents | <input type="checkbox"/> Natural and step-parent | <input type="checkbox"/> Adoptive parent(s) |
| <input type="checkbox"/> Foster parents  | <input type="checkbox"/> Grandparents            | <input type="checkbox"/> Institution        |
| <input type="checkbox"/> Relatives       | <input type="checkbox"/> Single natural parent   | <input type="checkbox"/> Other _____        |

**Stressor(s) in the Family**

- Chronic illness of a family member     Death of significant person     Domestic Violence
- Family member absent (explain)\_\_\_\_\_
- Family member's disability/major accident/illness (explain)\_\_\_\_\_
- Family member emotional problems (explain)\_\_\_\_\_
- Family member suicide (explain)\_\_\_\_\_
- Financial problems     Moved a lot     Parents arguing frequently     Parents divorced
- Other \_\_\_\_\_



**History of your child having learning, emotional, behavioral problems:**  Yes  No

(If yes, please explain) \_\_\_\_\_

**History of your child having alcohol/drug/substance abuse:**  Yes  No

(If yes, please explain) \_\_\_\_\_

**History of family violence:**  Yes  No

(If yes, please explain) \_\_\_\_\_

**History of criminal activity in the family:**  Yes  No

(If yes, please explain) \_\_\_\_\_

**Has your child been abused** (check all that apply):  Physically  Emotionally  Sexually

**Has your child been neglected** (check all that apply):  Physically  Emotionally

**School Problems** (check all that apply):

Academic problems  Discipline problems  Severely teased  Unpopular

Other \_\_\_\_\_

**Early Language/Speech Problems (explain):** \_\_\_\_\_

**History of Emotional Concerns Includes:** (check all that apply)

Appetite change  Emotional problems  Gained weight  Heard voices  
 Loss of energy or fatigue  Lost weight  Suicidal thoughts  Suicide attempts

Other \_\_\_\_\_

**History of Behavior Problems Includes:** (check all that apply)

Accident-prone  Alcohol/drug use  Impulsive  
 Taken advantage of  Aggressive behavior (explain) \_\_\_\_\_  
 Attention problems  Loner  Temper outbursts  Frequent arguments  
 Misbehaved a lot  Trouble with the law  Hyperactive  Ran away

Other \_\_\_\_\_

**History of Anxiety Symptoms includes:** (check all that apply)

Irritable  Keyed up, on edge  Phobias  Obsessive worrying  
 Physical symptoms (below)  Other \_\_\_\_\_

**History of Health/Physical Problems Includes:** (check all that apply)

Asthma  Bedwetting  Chest pain  Developmental delay(s)  
 Bone/joint/muscle  Chronic illness  Diarrhea  Disability  
 Dizziness  Headache  Heart palpitations  Hospitalization  
 Major accident  Major illness  PMS  Nervous stomach  
 Neurological problems/exam  Sleep problems  Surgeries  
 Serious overeating/undereating  Shortness of breath without exertion

Other \_\_\_\_\_

**History of trauma/stressor includes:** (check all that apply)

Medical  Natural Disaster  Sexual Assault  Death of a pet

Child separated from parent (how long and when) \_\_\_\_\_

Death of a significant person (list who) \_\_\_\_\_

Incarcerated family member (list who) \_\_\_\_\_

Victim of trauma (unusual, terrifying experience) (list) \_\_\_\_\_

**History of interpersonal problems includes:** (check all that apply)

Aggressive behavior (explain) \_\_\_\_\_

Bullied  Frequent arguments  Loner  Taken advantage of  Temper outbursts

Other \_\_\_\_\_





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## Adverse Childhood Experience (ACE) Questionnaire

Child's Name \_\_\_\_\_ Date \_\_\_\_\_ Completed By: \_\_\_\_\_

While you were growing up, during your first 18 years of life: **"You" is referring to your child**

1. Did a parent or other adult in the household often.....  
Swear at you, insult you, put you down, or humiliate you?  
Act in a way that made you afraid that you might be physically hurt?  
  
Yes                      No    If yes enter 1 \_\_\_\_\_
2. Did a parent or other adult in the household often.....  
Push, grab, slap, or throw something at you?  
Ever hit you so hard that you had marks or were injured?  
  
Yes                      No    If yes enter 1 \_\_\_\_\_
3. Did an adult or person at least 5 years older than you ever...  
Touch or fondle you or have you touch their body in a sexual way?  
Try to or actually have oral, anal, or vaginal sex with you?  
  
Yes                      No    If yes enter 1 \_\_\_\_\_
4. Did you often feel that....  
No one in your family loved you or thought you were important or special?  
Your family didn't look out for each other, feel close to each other, or support each other?  
  
Yes                      No    If yes enter 1 \_\_\_\_\_
5. Did you often feel that....  
You didn't have enough to eat, had to wear dirty clothes, and had no one to protect you?  
Your parents were too drunk or high to take care of you or take you to the doctor if you needed it?  
  
Yes                      No    If yes enter 1 \_\_\_\_\_
6. Were your parents ever separated or divorced?  
  
Yes                      No    If yes enter 1 \_\_\_\_\_
7. Was your mother or stepmother:  
Often pushed, grabbed, slapped, or had something thrown at her?  
Sometimes or often kicked, bitten, hit with a fist, or hit with something hard?  
Ever repeatedly hit over at least a few minutes or threatened with a gun or knife?  
  
Yes                      No    If yes enter 1 \_\_\_\_\_
8. Did you live with anyone who was a problem drinker or alcoholic or who used street drugs?  
  
Yes                      No    If yes enter 1 \_\_\_\_\_
9. Was a household member depressed or mentally ill or did a household member attempt suicide?  
  
Yes                      No    If yes enter 1 \_\_\_\_\_
10. Did a household member go to prison?  
  
Yes                      No    If yes enter 1 \_\_\_\_\_

**Total** \_\_\_\_\_

## Child and Adolescent Trauma Screen (CATS) - Caregiver Report (Ages 3-17)

Child's Name: \_\_\_\_\_ Date: \_\_\_\_\_

Caregiver Name: \_\_\_\_\_

**Stressful or scary events happen to many children. Below is a list of stressful and scary events that sometimes happen. Mark YES if it happened to the child to the best of your knowledge. Mark No if it didn't happen to the child.**

- |  |                              |                             |
|--|------------------------------|-----------------------------|
| 1. Serious natural disaster like a flood, tornado, hurricane, earthquake, or fire. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 2. Serious accident or injury like a car/bike crash, dog bite, sports injury.      | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 3. Robbed by threat, force or weapon.  | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 4. Slapped, punched, or beat up in the family.                                     | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 5. Slapped, punched, or beat up by someone not in the family.                      | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 6. Seeing someone in the family get slapped, punched or beat up.                   | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 7. Seeing someone in the community get slapped, punched or beat up.                | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 8. Someone older touching his/her private parts when they shouldn't.               | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 9. Someone forcing or pressuring sex, or when s/he couldn't say no                 | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 10. Someone close to the child dying suddenly or violently.                        | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 11. Attacked, stabbed, shot at or hurt badly.                                      | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 12. Seeing someone attacked, stabbed, shot at, hurt badly or killed.               | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 13. Stressful or scary medical procedure.  | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 14. Being around war.  | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 15. Other stressful or scary event?  | <input type="checkbox"/> Yes | <input type="checkbox"/> No |

a. Describe: \_\_\_\_\_

Which one is bothering the child most now? \_\_\_\_\_

**If you marked any stressful or scary events for the child, then turn the page and answer the next questions.**

**Mark 0, 1, 2 or 3 for how often the following things have bothered the child in the last two weeks:**

**0 Never / 1 Once in a while / 2 Half the time / 3 Almost always**

- |   |   |   |   |   |
|---|---|---|---|---|
| 1. Upsetting thoughts or images about a stressful event. Or re-enacting a stressful event in play.  | 0 | 1 | 2 | 3 |
| 2. Bad dreams related to a stressful event.   | 0 | 1 | 2 | 3 |
| 3. Acting, playing or feeling as if a stressful event is happening right now.   | 0 | 1 | 2 | 3 |
| 4. Feeling very emotionally upset when reminded of a stressful event.   | 0 | 1 | 2 | 3 |
| 5. Strong physical reactions when reminded of a stressful event (sweating, heart beating fast).   | 0 | 1 | 2 | 3 |
| 6. Trying not to remember, talk about or have feelings about a stressful event.   | 0 | 1 | 2 | 3 |
| 7. Avoiding activities, people, places or things that are reminders of a stressful event.   | 0 | 1 | 2 | 3 |
| 8. (Ages 7+ only): Not being able to remember an important part of a stressful event.   | 0 | 1 | 2 | 3 |
| 9. (Ages 7+ only): Negative changes in how s/he thinks about self, others or the world after a stressful event.                           | 0 | 1 | 2 | 3 |
| 10. (Ages 7+ only): Thinking a stressful event happened because s/he or someone else did something wrong or did not do enough to stop it. | 0 | 1 | 2 | 3 |
| 11. Having very negative emotional states (afraid, angry, guilty, ashamed).   | 0 | 1 | 2 | 3 |
| 12. Losing interest in activities s/he enjoyed before a stressful event. Including not playing as much.                                   | 0 | 1 | 2 | 3 |
| 13. Feeling distant or cut off from people around her/him.  | 0 | 1 | 2 | 3 |
| 14. Not showing or reduced positive feelings (being happy, having loving feelings).   | 0 | 1 | 2 | 3 |
| 15. Being irritable. Or having angry outbursts without a good reason and taking it out on other people or things.                         | 0 | 1 | 2 | 3 |
| 16. (Ages 7+ only): Risky behavior or behavior that could harmful.  | 0 | 1 | 2 | 3 |
| 17. Being overly alert or on guard.   | 0 | 1 | 2 | 3 |
| 18. Being jumpy or easily startled.   | 0 | 1 | 2 | 3 |
| 19. Problems with concentration.  | 0 | 1 | 2 | 3 |
| 20. Trouble falling or staying asleep.  | 0 | 1 | 2 | 3 |

**Please mark "YES" or "NO" if the problems you marked interfered with:**

- |                              |                              |                             |                         |                              |                             |
|------------------------------|------------------------------|-----------------------------|-------------------------|------------------------------|-----------------------------|
| 1. Getting along with others | <input type="checkbox"/> Yes | <input type="checkbox"/> No | 4. Family relationships | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 2. Hobbies/Fun               | <input type="checkbox"/> Yes | <input type="checkbox"/> No | 5. General happiness    | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 3. School or daycare         | <input type="checkbox"/> Yes | <input type="checkbox"/> No |                         |                              |                             |

**MHP ONLY**

**Ages 3-6:**                      **Score** \_\_\_\_\_  
**Normal:** <12    **Moderate:** 12-14    **Probable:** 15+

**Ages 7-17:**                      **Score** \_\_\_\_\_  
**Normal:** <15    **Moderate:** 15-20    **Probable:** 21+



**REBOUND MENTAL HEALTH**

6202 South Lewis Avenue, Suite A, Tulsa, OK 74136  
Office: 918.949.4515 Fax: 918.949.4523  
[www.reboundmh.org](http://www.reboundmh.org)

**Carrie Short LCSW, BCD**  
**Marti Robey-Fox LPC**  
**Regina Underwood LPC, RPT**  
**Jenny Kauffman LCSW**  
**Katie Pyle LMSW**

## Authorization to Release/Obtain Confidential Information

I understand that my records contain information about my therapy sessions and my mental health. I understand that all my records are protected by state and federal laws that require they are kept confidential and require my written consent to disclose. Therapists will limit client's and/or guardian's access to records when there is compelling evidence that access would cause harm to the client. A photocopy of this authorization will be considered as valid as the original.

I, \_\_\_\_\_  
Client Name Date of Birth Social Security Number

**AUTHORIZE:** \_\_\_\_\_

**Rebound Mental Health**  
**6202 South Lewis Avenue, Ste. A.**  
**Tulsa, OK 74136**  
**Phone/Fax: 918.949.4515/918.949.4523**

**TO RELEASE OR OBTAIN INFORMATION FROM:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
**Attn:** \_\_\_\_\_

<b>Description of information to be disclosed or shared:</b>		<input type="checkbox"/>	<b>ALL OF THE INFORMATION</b>
<input type="checkbox"/>	Treatment Planning	<input type="checkbox"/>	<b>BELOW</b> If this box is checked, do not check additional boxes
<input type="checkbox"/>	Psychological Assessments	<input type="checkbox"/>	Insurance / HMO Transactions
<input type="checkbox"/>	Discharge Summary	<input type="checkbox"/>	Sooner Care Determination Forms
<input type="checkbox"/>	Psychiatric Testing / Evaluations	<input type="checkbox"/>	Drug and Alcohol Information
<input type="checkbox"/>	Health and Medication History	<input type="checkbox"/>	Psychological Testing / Evaluations
<input type="checkbox"/>	Eligibility/Determination of Insurance or benefits	<input type="checkbox"/>	Psychosocial History
<input type="checkbox"/>	Other: _____	<input type="checkbox"/>	Progress Notes
<input type="checkbox"/>	Other: _____		

Purpose of Requesting this Information: \_\_\_\_\_ **Share information relevant to treatment**

How to Release Information (check all that apply): \_\_\_\_\_ verbal \_\_\_\_\_ written \_\_\_\_\_ fax \_\_\_\_\_ all

THIS RELEASE EXPIRES ON: \_\_\_\_\_; however, I understand I have the right to revoke this release at any time.

I have been informed and understand this authorization to release records and information, the nature of listed content I am willing to release, and the implications of this release. This request is voluntary.

Rebound Mental Health, LLC, is hereby released of all illegal liability that may arise from the release of information requested.

\_\_\_\_\_  
Client Signature (14 and older)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Parent, Guardian, or Auth. Representative

\_\_\_\_\_  
Relationship to Client

\_\_\_\_\_  
Date



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I, \_\_\_\_\_  
Client Name Date of Birth Social Security Number

**AUTHORIZE:** \_\_\_\_\_  
**Rebound Mental Health**  
**6202 South Lewis Avenue, Ste. A.**  
**Tulsa, OK 74136**  
**Phone/Fax: 918.949.4515/918.949.4523**

**RELEASE TO OR OBTAIN INFORMATION FROM:**  
\_\_\_\_\_  
**Rebound Mental Health**  
\_\_\_\_\_  
**6202 South Lewis Avenue, Ste. A.**  
\_\_\_\_\_  
**Tulsa, OK 74136**  
**Attn:** \_\_\_\_\_  
**Treatment Team**

<b>Description of information to be disclosed or shared:</b>	<input type="checkbox"/>	<b>ALL OF THE INFORMATION BELOW</b> If this box is checked, do not check additional boxes
<input type="checkbox"/> Treatment Planning	<input type="checkbox"/>	Insurance / HMO Transactions
<input type="checkbox"/> Psychological Assessments	<input type="checkbox"/>	Sooner Care Determination Forms
<input type="checkbox"/> Discharge Summary	<input type="checkbox"/>	Drug and Alcohol Information
<input type="checkbox"/> Psychiatric Testing / Evaluations	<input type="checkbox"/>	Psychological Testing / Evaluations
<input type="checkbox"/> Health and Medication History	<input type="checkbox"/>	Psychosocial History
<input type="checkbox"/> Eligibility/Determination of Insurance or benefits	<input type="checkbox"/>	Progress Notes
<input type="checkbox"/> Other: _____		
<input type="checkbox"/> Other: _____		

Purpose of Requesting this Information: \_\_\_\_\_ **Share information relevant to treatment**

How to Release Information (check all that apply): \_\_\_\_\_ verbal \_\_\_\_\_ written \_\_\_\_\_ fax \_\_\_\_\_ all

THIS RELEASE EXPIRES ON: \_\_\_\_\_; however, I understand I have the right to revoke this release at any time.

I have been informed and understand this authorization to release records and information, the nature of listed content I am willing to release, and the implications of this release. This request is voluntary.

Rebound Mental Health, LLC, is hereby released of all illegal liability that may arise from the release of information requested.

\_\_\_\_\_  
Client Signature (14 and older)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Parent, Guardian, or Auth. Representative

\_\_\_\_\_  
Relationship to Client

\_\_\_\_\_  
Date



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# ACKNOWLEDGMENT

## Policy, Procedures, Disclosures and Consents

### Attendance Policy

Please Initial that you have read \_\_\_\_\_

When completing counseling services, continuity is vital to success. Frequent cancellations or failing to schedule appointments can lead to delays between therapy sessions that may impede progress. As a mental health service provider, I try to assist in finding suitable times for s to meet for sessions. Our success is a joint effort; therefore, your cooperation in keeping appointments is critical to your success. I would like to outline for you the attendance policy for

**Rebound Mental Health, LLC, 6202 S. Lewis Ave., Ste. A., Tulsa, OK 74136.**

1. To schedule appointment, please call (918) 949-4515
2. We require a minimum of 24-hour notice for changes or cancellations of appointments. If you do not cancel with a minimum of 24-hour notice, the patient is responsible for the fees accrued.
3. Please contact the clinic/therapist as soon as you are aware you need to cancel. (This is also within the minimum of 24-hour notice)
4. If you are late for an appointment, the appointment will still end at the scheduled time.
5. If you cancel or do not show up for two consecutive appointments, all future appointments will be taken off of the books. In this case, call the clinic to schedule a time suitable for you. RMH will reserve the right to close your file. Two no-shows may result in end of duty of care.
6. Office hours are Monday – Thursday 9:00 a.m. to 5:00 p.m. by appointment only.

### Contact Information:

Office #: (918) 949-4515

Fax #: (918) 949-4523

[cshort@reboundmh.org](mailto:cshort@reboundmh.org)

[mfox@reboundmh.org](mailto:mfox@reboundmh.org)

[runderwood@reboundmh.org](mailto:runderwood@reboundmh.org)

[jkauffman@reboundmh.org](mailto:jkauffman@reboundmh.org)

[kpyle@reboundmh.org](mailto:kpyle@reboundmh.org)

[chall@reboundmh.org](mailto:chall@reboundmh.org)

[aramsey@reboundmh.org](mailto:aramsey@reboundmh.org)

### Email Reminder Consent

Please Initial that you have read \_\_\_\_\_

We can send you an appointment reminder by email. The appointment reminder will include only the date and time of your appointment and your service provider's name. We will not encrypt the messages. Health care information sent by regular email could be lost, delayed, intercepted, delivered to the wrong address, or arrive incomplete or corrupted. ***If you understand the risk*** and would like to receive an appointment reminder by email, please confirm you accept responsibility for these possible risks and will not hold Rebound Mental Health responsible for any event that occurs after we send the message.  Yes, I'd like an email reminder \_\_\_\_\_

Signature



## No Show and Late Cancellation Fee Policy

Please Initial that you have read \_\_\_\_\_

Each time a patient misses an appointment without providing proper notice, another patient is prevented from receiving care. Therefore, RMH reserves the right to charge a fee of \$50.00 for all missed appointments (“no-shows”) and appointments not cancelled with a 24-hour advance notice (“late cancellation”).

This fee will be charged to the card we have on file or will be billed to you. This fee is not covered by insurance and **must be paid prior to your next appointment.** Multiple “No Shows” or “Late Cancellations” of appointments may result in termination from our practice.

How do I cancel my appointment to avoid a fee?

You can cancel your appointment by:

- Calling Rebound Mental Health at 918-949-4515 or
- Cancelling in person by coming into our office.

## No Recording and Penalty Policy

Please Initial that you have read \_\_\_\_\_

I/we agree that I/we will NOT audio or video record ANY portion of my/our therapy, consultation, parenting coordinator meeting or evaluation sessions with the Rebound Mental Health Clinician without their expressed written consent.

This policy applies to any other party I have included in my/our sessions or asked to provide information to any of the Rebound Mental Health Clinicians on my/our behalf. I/we understand that there is a \$150,000.00 penalty that I/we agree to pay to my Rebound Mental Health Clinician for breaching this policy.

## After Hours Instructions

Please Initial that you have read \_\_\_\_\_

1. If you have an emergency, crisis situation, feel out of control, have thoughts of suicide, harming yourself, or hurting others, you will need to contact any of the following:
  - Your local emergency response system 911
  - Local police department
  - COPES - Community Outreach Psychiatric Emergency Services: (918) 744-4800
  - The 24-Hour State Mental Health Hotline: 1-800-522-9054.
  - National Suicide Hotline: 1-800-273-8255
2. Proceed to your nearest emergency room
3. Contact your Clinician’s Office:           (918) 949-4515

# Financial Policy

Please Initial that you have read \_\_\_\_\_

Below are the terms of agreement regarding payment for sessions at Rebound Mental Health, LLC.

1. Session fees are based on a clinical hour, which is defined by insurance providers as 45 minutes direct with the counselor or professional.
2. If, I the patient fail to appear for an appointment or without 24-hour notice of cancellation, cancellation fees will be charged to the card on file, and I will be responsible for payment.
3. I understand that if I am late to a session, that session will end at the time originally scheduled. It is my responsibility to arrive on time.
4. Services including phone calls, emails, record reviews and professional consults at times other than the scheduled therapy session will be the patient's responsibility and will not be filed with insurance. These services will be billed per quarter of an hour.
5. I authorize my health insurance to provide payment of benefits to Rebound Mental Health LLC.
6. I understand records of my treatment may be shared with my insurance company when necessary to process claims.
7. I understand I am responsible for payment if my insurance company declines payment.
8. Under the circumstances that Rebound Mental Health does not accept your health insurance policy, Rebound Mental Health will supply a receipt of payment for services. You can submit this receipt to your insurance company for reimbursement.
9. Payment must be made by check, cash and/or credit. Your fee or co-pay is due at the time services are provided. The patient is responsible for all fees. This includes any fees denied by insurance providers. Fees must be paid within 30 days after the dated the claim is denied.
10. Returned checks will result in an additional service fee of \$25.00
11. Rebound Mental Health reserves the right to utilize a collection agency to obtain unpaid balances.

## Fees For Services

Please Initial that you have read \_\_\_\_\_

### We Accept Most Major Credit Cards

#### Insurance Fees

##### Therapy Sessions:

Intake	\$160.00
Session	\$135.00

\*\* Prompt Payment Discount of 20% available for self-pay clients.

Prompt Payment Discount Self-Pay	Intake	\$130.00
Prompt Payment Discount Self-Pay	Session	\$110.00

##### Other Fees:

Late Cancellation Fees and No Shows \$50.00

##### Telephone Consults:

15-30 mins. \$25.00

30 mins. \$50.00

##### Correspondence:

Reports (Schools, employers, professionals) \$50.00

#### Court Ordered Services:

Reconciliation Counseling, Parent Coordinator, Supervised Visits, Court Ordered Therapy, Therapeutic Supervised Visits

### We Only Accept Cash for Court Ordered Services

##### Intakes:

Reconciliation Therapy	\$130.00
Therapeutic Supervised & Supervised Visits	\$100.00 TSV / \$75.00 SV
Parent Coordinator	\$150.00
Guardian ad Litem	\$150.00

Sessions:

Reconciliation Therapy	\$120.00 per session
Supervised Visits	\$ 40.00 per hour
Therapeutic Visits	\$ 75.00 per hour
Parent Coordinator	\$120.00 per session

In cases where RMH is court ordered to provide services, client will be required to submit payment in advance of services rendered. A retainer is required to cancel scheduled sessions to attend court.

Retainers vary per provider. Court fees will be in addition to retainer.

Court retainer	Half day	\$400.00 / \$800.00
	Full day	\$800.00 / \$1200.00
Retainer for Parent Coordinator and Guardian ad Litem		\$1000.00

COURT RETAINER MUST BE RECEIVED BEFORE COURT DATE

Court Fees:

Travel/Wait time	\$ 75.00 per hour
Consultation/Testimony	\$150.00 per hour
Review of Case File	\$ 75.00 per hour
Consultation with Attorneys	\$150.00 per hour

**Rebound reserves the right to change fees at any time.**

## STATEMENT OF PROFESSIONAL DISCLOSURE

Please Initial that you have read \_\_\_\_\_

N/A – LCSW (Disclosure not required by State of Oklahoma)

Please check the appropriate license:  **LPC Licensed Professional Counselor**

I am required by law to furnish this document to you. It requires that I inform you about my professional training, orientation / techniques, experience, fees and credentials. I am licensed to practice by the State Board of Behavioral Health Licensure.

The licensing website is [www.ok.gov/behavioralhealth.com](http://www.ok.gov/behavioralhealth.com) where you can access the law and regulations which govern my license. I will furnish you with printed materials about the requirements of my licensure if you so desire. You may contact (without giving you name), the State Board of Behavioral Health Licensure at:

**State Board of Behavioral Health Licensure**  
**3815 N. Santa Fe., Ste. 110**  
**Oklahoma City, OK 73118**  
**Telephone: (405) 522-3696**  
**[www.ok.gov/behavioralhealth.com](http://www.ok.gov/behavioralhealth.com)**

**My Name and Licensee Number is:**  **Regina Underwood, LPC - 5521**  
 **Marti Robey-Fox, LPC - 5399**



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**Katie Pyle LMSW**

## Consent for Treatment

This consent form is authorized by Section 1-3-102 of Title 10A of the Oklahoma Statutes (effective November 1, 2011).

1. Name of Minor: \_\_\_\_\_
2. Name of adult granting consent: \_\_\_\_\_
3. Minors Date of Birth: \_\_\_\_\_ Relationship to Minor: \_\_\_\_\_
4. I have authority to consent for treatment as stated below (check the appropriate space).
  - I am a parent of this child.
  - I am the court appointed guardian of the child. A certified copy of the order appointing me as guardian of the child is attached.
  - The child has been placed in the custody of the Department of Human Services, and I am a representative of the Department of Human Services authorized to consent to routine and ordinary care.
  - The Department of Human Services has authorized me, as a person into whose care the named child has been entrusted, to consent to routine and ordinary medical care and treatment. A copy of the document authorizing me to such care is attached.
  - The Department of Human Services has authorized \_\_\_\_\_ a facility, to whose care the named child has been entrusted, to consent to routine and ordinary medical care and treatment. I am a person authorized to consent on behalf of said facility.
  - The court has placed the child in my custody and has determined my authority to consent to routine and ordinary medical care. A copy of the court order granting me this authority is attached.
  - The court has placed the child in the custody of \_\_\_\_\_, an institution or agency other than the Department of Human Services and has determined the authority of said institution or agency to consent to routine and ordinary medical care. A copy of the court order granting said institution or agency the authority to consent to routine and ordinary medical care is attached.

I declare under penalty of perjury under the laws of the State of Oklahoma that the statements above are true.

I have read, or had read to me, and understand the following information about my rights:

- a) All persons receiving services from REBOUND MENTAL HEALTH, LLC, shall retain all rights, benefits and privileges guaranteed by the laws and constitution of the State of Oklahoma and the United States of America, except those specifically lost through due process of law. [O.S. 43A, Section 1-103(b)]
- b) All persons shall have the rights guaranteed by the Department of Mental Health and Substance Abuse Services Client Rights, unless an exception is specifically authorized by those standards or an order of a court of competent jurisdiction. [O.A.C. 450:18]
- c) I have been given a summary or full copy of my rights as a client and fully understand their content.

I understand that my treatment records may be subject to review by funding sources and accrediting bodies to verify and evaluate services delivered. I also hereby give my permission for follow-up services to include outcome studies by REBOUND MENTAL HEALTH, LLC. I understand that my refusal of follow-up will not restrict my rights to treatment.

\_\_\_\_\_  
Client Signature (14 or older)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Guardian Signature/Representing Authority (required if client is under age 18)

\_\_\_\_\_  
Date



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**Katie Pyle LMSW**

## Consent for Use and Disclosure of Health Information

I, \_\_\_\_\_, understand that as part of my health care, Rebound Mental Health, LLC, originates and maintains paper and/or electronic records describing my health history, symptoms, examination and test results, diagnoses, treatment, and any plans for future care or treatment. I understand that this information serves as:

- A basis for planning my care and treatment
- A means of communication among the many health professionals who contribute to my care
- A source of information for applying my diagnosis and treatment to my bill
- A means by which a third-party payer can verify that services billed were actually provided
- A tool for routine healthcare operations such as assessing quality and reviewing the competence of healthcare professionals

I understand and have been provided with a Notice of Privacy Practices that provides a more complete description of information uses and disclosures. I understand that I have the following rights and privileges.

- The right to review the notice prior to signing this consent
- The right to request restriction as to how my health information may be used or disclosed to carry out treatment, payment, or health care operations

I understand that Rebound Mental Health, LLC, is not required to agree to the restrictions requested. I understand that I may revoke this consent in writing, except to the extent that the organization has already taken action in reliance thereon. I also understand that by refusing to sign this consent or revoking this consent, this organization may refuse to treat me as permitted by Section 164.596 of the Code of Federal Regulations.

I further understand that Rebound Mental Health, LLC, reserves the right to change their notice and practices and prior to implementation, in accordance with Section 164.529 of the Code of Federal Regulations. Should Rebound Mental Health, LLC, change their notice, they will provide me with a revised notice.

I understand that as part of this organization's treatment, payment, or health care operations, it may become necessary to disclose my protected health information to another entity, and I consent to such disclosure for these permitted uses, including disclosures via fax.

I fully understand and  **ACCEPT**  **DECLINE** the terms of this consent.

\_\_\_\_\_  
Client Signature (14 and older)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Guardian Signature/Representing Authority (required if client is under age 18)

\_\_\_\_\_  
Date



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**TeleMental Health Informed Consent**

I, \_\_\_\_\_, (name of client) hereby consent to participate in TeleMental health with my clinician at Rebound Mental Health as part of my psychotherapy. I understand that TeleMental health is the practice of delivering clinical health care services via technology assisted media or other electronic means between a practitioner and a client who are located in two different locations.

I understand the following with respect to TeleMental health:

- 1) I understand that I have the right to withdraw consent at any time without affecting my right to future care, services, or program benefits to which I would otherwise be entitled.
- 2) I understand that there are risk and consequences associated with TeleMental health, including but not limited to, disruption of transmission by technology failures, interruption and/or breaches of confidentiality by unauthorized persons, and/or limited ability to respond to emergencies.
- 3) I understand that there will be no recording of any of the online sessions by either party. All information disclosed within sessions and written records pertaining to those sessions are confidential and may not be disclosed to anyone without written authorization, except where the disclosure is permitted and/or required by law.
- 4) I understand that the privacy laws that protect the confidentiality of my protected health information (PHI) also apply to TeleMental health unless an exception to confidentiality applies (i.e. mandatory reporting of child, elder, or vulnerable adult abuse; danger to self or others; I raise mental/emotional health as an issue in a legal proceeding).
- 5) I understand that if I am having suicidal or homicidal thoughts, actively experiencing psychotic symptoms or experiencing a mental health crisis that cannot be resolved remotely, it may be determined that TeleMental health services are not appropriate and a higher level of care is required.
- 6) I understand that during a TeleMental health session, we could encounter technical difficulties resulting in service interruptions. If this occurs, end and restart the session. If we are unable to reconnect within ten minutes, please call me at \_\_\_\_\_ to discuss since we may have to re-schedule.
- 7) I understand that my therapist may need to contact my emergency contact and/or appropriate authorities in case of an emergency.

**Emergency Protocols**

I need to know your location in case of an emergency. You agree to inform me of the address where you are at the beginning of each session. I also need a contact person who I may contact on your behalf in a life- threatening emergency only. This person will only be contacted to go to your location or take you to the hospital in the event of an emergency.

In case of an emergency, my location is: \_\_\_\_\_

and my emergency contact person's name, address, phone: \_\_\_\_\_

**I have read the information provided above and discussed it with my therapist. I understand the information contained in this form and all of my questions have been answered to my satisfaction.**

\_\_\_\_\_  
Client Signature (14 and older)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Guardian Signature/Representing Authority (required if client is under age 18)

\_\_\_\_\_  
Date



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## Statement of Client's Rights (Client Copy)

ALL PERSONS RECEIVING SERVICES SHALL RETAIN ALL RIGHTS, BENEFITS, AND PRIVILEGES GUARANTEED BY THE LAWS AND CONSTITUTION OF THE STATE OF OKLAHOMA AND THE UNITED STATES OF AMERICA, EXCEPT THOSE SPECIFICALLY LOST THROUGH DUE PROCESS OF LAW.

Clients shall have the following rights, unless an exemption is specifically authorized by the ODMHSAS Standards and Criteria or by an order of a court of competent jurisdiction.

1. All clients have a right to be treated with respect and dignity. This shall be construed to protect and promote human dignity and respect for individual dignity.
2. Each client has the right to receive services in a safe, sanitary, and humane living environment.
3. Each client has the right to receive services in a humane psychological environment, which protects them from harm, abuse, and neglect.
4. Each client has the right to receive services in an environment, which provides privacy, promotes personal dignity, and provides opportunity for the client to improve his or her functioning.
5. Each client has the right to receive services without regard to his or her race, religion, sex, ethnic origin, age, degree of disability, handicapping condition, legal status, and/or ability to pay for services provided.
6. No client shall ever be neglected, or sexually, physically, verbally, or otherwise abused
7. Each client has the right to be provided with prompt, competent, appropriate treatment services and an individualized treatment plan.
  - a) The client shall be afforded the opportunity to participate in his or her treatment planning, and may a condition or probation, parole, or court order which would subject the client to possible sanctions by the court).
  - b) The client's right to consent, or refuse to consent, may be abridged for those clients adjudged incapacitated by a court of competent jurisdiction, and in emergency situations defined by law.
  - c) When the client permits, the client's family and/or significant other(s) shall be involved in the treatment and treatment planning.
8. The records of each client shall be treated in a confidential manner.
9. The client has a right to know that his or her records may be subject to review by funding sources and accrediting bodies to verify and evaluate services.
10. Each client has the right to refuse to participate in any research project or medical experiment without informed consent of the client, as defined by law. A refusal to participate shall not adversely affect the services available to the client.
11. A client may voluntarily participate in work therapy and shall be paid just compensation for such work.
12. Each client has the right to request the opinion of an outside medical or psychiatric consultant, at the expense of the client, and/or the right to an internal facility consultation, at no cost to the client.
13. Each client has the right to assert grievances with respect to any alleged infringement of these stated rights of clients, or any other subsequently statutorily granted rights.
14. No client shall ever be retaliated against, or subjected to any adverse conditions or treatment services solely or partially because of having asserted his or her rights as fore stated in this section.



## REBOUND MENTAL HEALTH

6202 South Lewis Avenue, Suite A, Tulsa, OK 74136

Office: 918.949.4515 Fax: 918.949.4523

[www.reboundmh.org](http://www.reboundmh.org)

Carrie Short LCSW, BCD

Marti Robey-Fox LPC

Regina Underwood LPC, RPT

Jenny Kauffman LCSW

Katie Pyle LMSW

## **Notice Of Privacy Policy** (Client Copy)

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW THIS NOTICE CAREFULLY.

Your health record contains personal information about you and your health. This information about you that may identify you and that relates to your past, present or future physical or mental health or condition and related health care services is referred to as Protected Health Information ("PHI"). This Notice of Privacy Practices describes how we may use and disclose your PHI in accordance with applicable law, including the Health Insurance Portability and Accountability Act ("HIPAA"), regulations promulgated under HIPAA including the HIPAA Privacy and Security Rules, American Psychological Association Code of Ethics, and the NASW Code of Ethics. It also describes your rights regarding how you may gain access to and control your PHI.

We are required by law to maintain the privacy of PHI and to provide you with notice of our legal duties and privacy practices with respect to PHI. We are required to abide by the terms of this Notice of Privacy Practices. We reserve the right to change the terms of our Notice of Privacy Practices at any time. Any new Notice of Privacy Practices will be effective for all PHI that we maintain at that time. We will provide you with a copy of the revised Notice of Privacy Practices by posting a copy on our website, sending a copy to you in the mail upon request or providing one to you at your next appointment.

### **HOW WE MAY USE AND DISCLOSE HEALTH INFORMATION ABOUT YOU**

**For Treatment.** Your PHI may be used and disclosed by those who are involved in your care for the purpose of providing, coordinating, or managing your health care treatment and related services. This includes consultation with clinical supervisors or other treatment team members. We may disclose PHI to any other consultant only with your authorization.

**For Payment.** We may use and disclose PHI so that we can receive payment for the treatment services provided to you. This will only be done with your authorization. Examples of payment-related activities are: making a determination of eligibility or coverage for insurance benefits, processing claims with your insurance company, reviewing services provided to you to determine medical necessity, or undertaking utilization review activities. If it becomes necessary to use collection processes due to lack of payment for services, we will only disclose the minimum amount of PHI necessary for purposes of collection.

**For Health Care Operations.** We may use or disclose, as needed, your PHI in order to support our business activities including, but not limited to, quality assessment activities, employee review activities, licensing, and conducting or arranging for other business activities. For example, we may share your PHI with third parties that perform various business activities (e.g., billing or typing services) provided we have a written contract with the business that requires it to safeguard the privacy of your PHI. For training or teaching purposes PHI will be disclosed only with your authorization.

**Required by Law.** Under the law, we must disclose your PHI to you upon your request. In addition, we must make disclosures to the Secretary of the Department of Health and Human Services for the purpose of investigating or determining our compliance with the requirements of the Privacy Rule.

**Without Authorization.** Following is a list of the categories of uses and disclosures permitted by HIPAA without an authorization. Applicable law and ethical standards permit us to disclose information about you without your authorization only in a limited number of situations.

As a social worker licensed in this state and as a member of the National Association of Social Workers, it is our practice to adhere to more stringent privacy requirements for disclosures without an authorization. The following language addresses these categories to the extent consistent with the NASW Code of Ethics and HIPAA.

**Child Abuse or Neglect.** We may disclose your PHI to a state or local agency that is authorized by law to receive reports of child abuse or neglect.

**Judicial and Administrative Proceedings.** We may disclose your PHI pursuant to a subpoena (with your written consent), court order, administrative order or similar process.



Deceased Patients. We may disclose PHI regarding deceased patients as mandated by state law, or to a family member or friend that was involved in your care or payment for care prior to death, based on your prior consent. A release of information regarding deceased patients may be limited to an executor or administrator of a deceased person's estate or the person identified as next-of-kin. PHI of persons that have been deceased for more than fifty (50) years is not protected under HIPAA.

Medical Emergencies. We may use or disclose your PHI in a medical emergency situation to medical personnel only in order to prevent serious harm. Our staff will try to provide you a copy of this notice as soon as reasonably practicable after the resolution of the emergency.

Family Involvement in Care. We may disclose information to close family members or friends directly involved in your treatment based on your consent or as necessary to prevent serious harm.

Health Oversight. If required, we may disclose PHI to a health oversight agency for activities authorized by law, such as audits, investigations, and inspections. Oversight agencies seeking this information include government agencies and organizations that provide financial assistance to the program (such as third-party payors based on your prior consent) and peer review organizations performing utilization and quality control.

Law Enforcement. We may disclose PHI to a law enforcement official as required by law, in compliance with a subpoena (with your written consent), court order, administrative order or similar document, for the purpose of identifying a suspect, material witness or missing person, in connection with the victim of a crime, in connection with a deceased person, in connection with the reporting of a crime in an emergency, or in connection with a crime on the premises.

Specialized Government Functions. We may review requests from U.S. military command authorities if you have served as a member of the armed forces, authorized officials for national security and intelligence reasons and to the Department of State for medical suitability determinations, and disclose your PHI based on your written consent, mandatory disclosure laws and the need to prevent serious harm.

Public Health. If required, we may use or disclose your PHI for mandatory public health activities to a public health authority authorized by law to collect or receive such information for the purpose of preventing or controlling disease, injury, or disability, or if directed by a public health authority, to a government agency that is collaborating with that public health authority.

Public Safety. We may disclose your PHI if necessary, to prevent or lessen a serious and imminent threat to the health or safety of a person or the public. If information is disclosed to prevent or lessen a serious threat it will be disclosed to a person or persons reasonably able to prevent or lessen the threat, including the target of the threat.

Research. PHI may only be disclosed after a special approval process or with your authorization.

Fundraising. We may send you fundraising communications at one time or another. You have the right to opt out of such fundraising communications with each solicitation you receive.

Verbal Permission. We may also use or disclose your information to family members that are directly involved in your treatment with your verbal permission.

With Authorization. Uses and disclosures not specifically permitted by applicable law will be made only with your written authorization, which may be revoked at any time, except to the extent that we have already made a use or disclosure based upon your authorization. The following uses and disclosures will be made only with your written authorization: (i) most uses and disclosures of psychotherapy notes which are separated from the rest of your medical record; (ii) most uses and disclosures of PHI for marketing purposes, including subsidized treatment communications; (iii) disclosures that constitute a sale of PHI; and (iv) other uses and disclosures not described in this Notice of Privacy Practices.

## YOUR RIGHTS REGARDING YOUR PHI

You have the following rights regarding PHI we maintain about you. To exercise any of these rights, please submit your request in writing to our Privacy Officer.

- **Right of Access to Inspect and Copy.** You have the right, which may be restricted only in exceptional circumstances, to inspect and copy PHI that is maintained in a "designated record set". A designated record set contains mental health/medical and billing records and any other records that are used to make decisions about your care. Your right to inspect and copy PHI will be restricted only in those situations where there is compelling evidence that access would cause serious harm to you or if the information is contained in separately maintained psychotherapy notes. We may charge a reasonable, cost-based fee for copies. If your records are maintained electronically, you may also request an electronic copy of your PHI. You may also request that a copy of your PHI be provided to another person.

- Right to Amend. If you feel that the PHI we have about you is incorrect or incomplete, you may ask us to amend the information although we are not required to agree to the amendment. If we deny your request for amendment, you have the right to file a statement of disagreement with us. We may prepare a rebuttal to your statement and will provide you with a copy. Please contact the Privacy Officer if you have any questions.
- Right to an Accounting of Disclosures. You have the right to request an accounting of certain of the disclosures that we make of your PHI. We may charge you a reasonable fee if you request more than one accounting in any 12-month period.
- Right to Request Restrictions. You have the right to request a restriction or limitation on the use or disclosure of your PHI for treatment, payment, or health care operations. We are not required to agree to your request unless the request is to restrict disclosure of PHI to a health plan for purposes of carrying out payment or health care operations, and the PHI pertains to a health care item or service that you paid for out of pocket. In that case, we are required to honor your request for a restriction.
- Right to Request Confidential Communication. You have the right to request that we communicate with you about health matters in a certain way or at a certain location. We will accommodate reasonable requests. We may require information regarding how payment will be handled or specification of an alternative address or other method of contact as a condition for accommodating your request. We will not ask you for an explanation of why you are making the request.
- Breach Notification. If there is a breach of unsecured PHI concerning you, we may be required to notify you of this breach, including what happened and what you can do to protect yourself.
- Right to a Copy of this Notice. You have the right to a copy of this notice.

### COMPLAINTS

If you believe we have violated your privacy rights, you have the right to file a complaint in writing with our Privacy Officer or with the Secretary of Health and Human Services at 200 Independence Avenue, S.W. Washington, D.C. 20201 or by calling (202) 619-0257, or the Office of Civil Rights US Department of Health and Human Services, Independence Avenue SW, Rm: 509F, HHS Building, Washington, D.C. 20201 or by calling the OCR Hotline – Voice: 1-800-368-1019.

**We will not retaliate against you for filing a complaint.**

The effective date of this Notice is September 2013.



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## Acknowledgement Checklist

Please INITIAL next to each statement

### Child Intake Packet:

\_\_\_\_\_ I have completed the

**Patient Registration**

\_\_\_\_\_ I have completed the

**Credit Card Information**

\_\_\_\_\_ I have completed the

**Child/Adolescent Background Information**

\_\_\_\_\_ I have completed the

**ACE Questionnaire**

\_\_\_\_\_ I have completed the

**Child and Adolescent Trauma Screen (CATS)**

\_\_\_\_\_ I have completed the

**Authorization to Release/Obtain Confidential Information**

\_\_\_\_\_ I have read, initialed, and signed the

**Acknowledgment Of: Policy, Procedures, Disclosures and Consents**

\_\_\_\_\_ I have received a copy of the

**Statement of Client's Rights**

\_\_\_\_\_ I have received a copy of the

**HIPAA Notice of Privacy Policy Disclosure**

**By my signature below, I testify that I have had the opportunity to read the Acknowledgments listed above and address all questions and concerns with my therapist, which have been answered fully to my satisfaction.**

Patient Name (print) \_\_\_\_\_

Patient Signature (if over 18 years) \_\_\_\_\_

Guarantor for Payment (print) \_\_\_\_\_

Relationship to Patient (circle one) Self Parent/Guardian Other: \_\_\_\_\_

Guarantor Signature \_\_\_\_\_ Date \_\_\_\_\_